

# GET RID OF CELLULITE

THE NEWEST TREATMENT TO EFFECTIVELY  
TREAT AND PREVENT CELLULITE SYNDROME

Dr. Michelle Turcotte is a trailblazer in the field of anti-aging medicine for the face and body. She is the founder and CEO of Avikai Spa, a new paradigm for health based medicine offering wellness, health and beauty in a luxury spa setting conveniently located in Issaquah. Dr. Turcotte isn't interested in providing her patients a "quick" fix to improve Cellulite Syndrome. She has developed a clinically-effective treatment for cellulite and helps prevent the creation of new cellulite.

## CELLULITE MYTHS AND FACTS

There several myths about cellulite including drinking lots of water or increased exercise will reduce cellulite. The biggest myth is that cellulite is somehow related to age or being overweight. "Ironically, it's thin women who seem to suffer from this condition the most and the appearance of cellulite can occur at a very young age," explains Dr. Turcotte, "cellulite is commonly thought of as an aesthetic condition, it may actually point to an underlying chronic degenerative that primarily affects females. It often runs in families."

## EFFECTIVELY TREAT CELLULITE

Dr. Turcotte believes that you have to treat the whole person, to feel great, look good and live well. Which is why she developed the LUVVE© program: **Laser, Ultrasound, Vibration platform, Vitamins, Exercise and Eating for health**

The LUVVE© program is proving to be clinically successful and involves the use of red-infrared laser, ultrasound, pharmaceutical-grade marine collagen and elastin.

## TREATING CELLULITE FROM THE INSIDE OUT

The program starts with a consultation with a naturopathic doctor and diagnostic testing and measurement. One test is the Five Element Salivary test determines metabolic imbalances and food sensitivity that can exacerbate the production of cellulite.

Simply put a series of LipoLaser treatments are used to contour the body in conjunction with Ultrasound technology to promote the breakdown of cellulite. The FitVibe vibration platform promotes drainage by flushing toxins. Vibrations transmitted throughout the body increases lean muscle mass while you sit and listen to music. Personalized homecare includes pharmaceutical grade collagen and elastin to rebuild healthy tissue, vitamins and individualized supplements. Plus a custom exercise plan and nutritional counseling. Treatments are booked one to two times a week over 5-6 weeks to see significant results. Three to six months for renewal of the collagen and elastin, and to address underlying causes and disease process.

The initial consultation is complimentary, to determine client needs. The pricing starts at \$1999 and customized LUVVE© packages, as well as individual treatments (like LipoLaser) are available.

Beauty is the result of health. Avikai Spa offers a "journey of renewal", because health is a journey, not a destination. ■

## AVIKAI SPA LUVVE© CASE STUDY

The client is a 53 year old female with cellulite since age 16 and unable to wear shorts. She was addressed as Cellulite Syndrome patient and her condition as treated as a chronic degenerative disease.

**DIAGNOSIS:** The Five Element Panel revealed hormonal imbalances, low insulin, and grain sensitivity.

**TREATMENT:** LUVVE© Protocol including the LipoLaser, Ultrasound, Nutritional Counseling, Fitvibe and Diagnostics. Customized home care included pure marine collagen and elastin gel and a special gel to stimulate circulation.

**RESULTS:** The client lost 4 lbs and 3.5 inches off of her thighs as measured 2 inches below the panty line. She is now comfortable wearing shorts

